Email Newsletter: T3elitetraining

Subject: Custom-Made Training! Specifically Designed for The Client!

"I appreciate that the training is not a cookie cutter and tailored for the athlete"
-Mother of Mya Riggins

Hey everyone,

How's your summer going so far?

Are you producing <u>desired</u> outcomes through your training?

Better yet...

Would you like a training that is *specific-based* and produces noticeable results?

If so, then we can be of great assistance.

Here at <u>T3EliteTraining</u>, we are having an *awesome* season so far and producing great results as well. Many people are achieving their goals and are looking to achieve more through our training. This is awesome because we want nothing but the BEST for those who use our services.

With our mission statement "Put Your Goals to the Test and Let Your Body do the Rest", we make it our *duty* to provide the best training for those who want to achieve their goals in their sport or personal health.

In fact, we provide the necessary exercises that are directly focused towards the person. This way, we can personally connect with the person and work together efficiently in order to see clear results.

Juwan Lewis, an American Football player, is one of the <u>many</u> people who has benefitted a lot from the training.

Here's what he had to say:

"I loved every bit of the training and how it benefited me for my professional career. I progressed in every workout I had for the CFL (Canadian Football League). The training was set to fit my profession. Coach T knew I needed to get the best 40, shuttle, and over-all body explosive strength to be at my best on the field for scouts. Within two weeks of doing **T3elitetraining**, I saw a major difference in the little things you don't pay attention to when running that is now natural muscle memory.

The training helped Juwan so much that he later got signed by the Duke City Gladiators of the CIF (Champions Indoor Football), became an MVP of the Southern Division Championship and also won a national title as a starter.

A lot of people involved with <u>T3EliteTraining</u> are producing and seeing tremendous results and they only want to get better. So whether you're looking for strength training or speed training or a sports stretch, with our help you are <u>guaranteed</u> to achieve your goals.

If you are interested and would like to get involved with <u>T3EliteTraining</u>, then email <u>ttomu@t3elitetraining.com</u> or call (312) 929-5176. You can even <u>click here</u> and be taken straight to our website where you will find more information involving our training, services, and more.

So, as previously stated, we want nothing but the ABSOLUTE BEST for the people involved in our training. We also want the absolute best for *you* too.

We wish you the best on your endeavors and we hope you enjoy your summer!

Sincerely, YOUR NAME

P.S. We are also introducing the **monthly training package**! This package is geared towards clients who are looking for effective ways to remain *accountable* to working out while measuring their progress. This comes with designated time to help tailor sessions to client's individual needs and goals. Offers sessions 3 times a week with *flexible* scheduling. Enjoy all of this for \$430/month. Be one of the first 10 to sign up and we'll give you 75% off of our elite gear! You can sign up by email or phone call through the **CONTACT US** page on the website.